Programs and their scheduled time may be subject to change.

May 2025

Activity Room (A), Assisted Dining Room (AD), Dining Room (D), Patio (P), Piano Room (PR), Sewing Room (S)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Pretty Nails (A) 9:30 Music Appreciation 2:00 Sewing Group (S) 2:00 Coffee Chat (A) 2:30 Trivia/Game/Puzzle May Day	2 10:00 Coffee Chat (A) 10:45 Hangman (A) 2:00 Movie & Snack **Wear Sunglasses Day**	3 Beauty Shop Day 10:30 High/Low (A) 2:00 Bingo (D) 3:30 1on1 Room Visit
4 10:00 Church Service Bob Gilliam (DR) Friends & Family	5 10:00 Coffee Chat (A) 10:30 Mind Fitness (A) 11:00 Body Exercise 2:00 Bingo (D) Happy Birthday Patsy Bowers	6 10:00 Coffee Chat (A) 10:45 What, Where, Who 2:00 Stephanie Lewis (D) 3:00 Games with Friends	7 10:00 Bible Study/ Albert White (AD) 2:00 Bingo (D) 3:00 Friends & Fellowship (A)	8 9:30 Pretty Nails (A) 10:00 Music Appreciation 2:00 Reminisce Mother's Day Goodies & Stories	9 10:00 Coffee Chat (A) 10:45 Hangman (A) 2:00 Craft Time (A) **Military Spouse Appreciation Day**	10 Beauty Shop Day 10:30 High/Low (A) 2:00 Bingo (D) 3:30 1on1 Room Visit Happy Birthday Barbara Salmons
11 10:00 Church Service Bob Gilliam (DR) Friends & Family Mother's Day National Skilled Nursing Care Week	12 10:00 Coffee Chat (A) 10:30 Mind Fitness (A) 11:00 Body Exercise 2:00 Bingo (D)	13 10:00 Coffee Chat (A) 10:45 Stories with Dana 2:00 Andrea Singing Broadway (D) 3:00 Scavenger Hunt	14 10:00 Bible Study/ Albert White (AD) 2:00 Bingo (D) 3:00 Friends & Fellowship (A) **Third Shift and Night Shift Workers Day**	15 10:00 Travis Tate Ultimate Sing Along (D) 2:00 Sewing Group (S) 2:00 Coffee Chat (A) 3:00 Resident Council	16 10:00 Coffee Chat (A) 10:45 Hangman (A) 2:00 Movie & Snack	17 Beauty Shop Day 10:30 High/Low (A) 2:00 Bingo (D) 3:30 1on1 Room Visit Armed Forces Day
18 10:00 Church Service Bob Gilliam (DR) Friends & Family	19 10:00 Coffee Chat (A) 10:30 Mind Fitness (A) 11:00 Body Exercise 2:00 Bingo (D)	20 10:00 First Baptist Family Singers (P) 1:30 Tribute Band (D) 2:00 Birthday Party **Senior Citizens Day**	21 10:00 Bible Study/ Albert White (AD) 2:00 Bingo (D) 3:00 Friends & Fellowship (A)	22 9:30 Pretty Nails (A) 2:00 Sewing Group (S) 2:00 Coffee Chat (A) 2:30 Trivia/Game/Puzzle	23 10:00 Coffee Chat (A) 10:45 Hangman (A) 2:00 Craft Time (A) **World Turtle Day**	24 Beauty Shop Day 10:30 High/Low (A) 2:00 Bingo (D) 3:30 1on1 Room Visit
25 10:00 Church Service Bob Gilliam (DR) Friends & Family	26 Happy Memorial Day!	27 10:00 Coffee Chat (A) 10:45 Stories with Dana 2:00 Chris Journeay (D) 3:00 Games with Friends **Heat and Sun Safety Day**	28 10:00 Bible Study/ Albert White (AD) 2:00 Bingo (D) 3:00 Friends & Fellowship (A)	29 9:30 Pretty Nails (A) 2:00 Sewing Group (S) 2:00 Coffee Chat (A) 2:30 Trivia/Game/Puzzle **"Thanks for the Memory" Day**	30 10:00 Coffee Chat (A) 10:45 Hangman (A) 2:00 Movie & Snack Happy Birthday Mabel Garner	31 Beauty Shop Day 10:30 High/Low (A) 2:00 Bingo (D) 3:30 1on1 Room Visit

Lissa - Activity Director Highland Meadows Health & Rehab 1870 John King Blvd. Rockwall, TX 75032 Ph. 972-722 -7408 Gabi - Activity Assistant