

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Highland Meadows



<p>10:00 Church Service w/Bob Gilliam</p> <p>2</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:30 Morning stretch w/ Nellie</p> <p>10:30 Room visits</p> <p>1:00 Country store</p> <p>3:00 Quarter Bingo</p> <p>3</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Coffee & chat</p> <p>10:30 Pet therapy</p> <p>10:30 Morning stretch w/Sandy</p> <p>1:30 Dominoes</p> <p>2:00 Movie matinee</p> <p>4</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Bible study w/Paul</p> <p>10:30 Morning stretch w/ Nellie</p> <p>1:00 Country store</p> <p>Find your friends and enjoy games in the Activity room</p> <p>5</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Coffee & chat</p> <p>10:30 Morning stretch w/Sandy</p> <p>11:00 Mama daughters D</p> <p>2:00 Adult coloring</p> <p>3:00 Bingo</p> <p>6</p>	<p>8:30 Daily Chronicle</p> <p>9:00 Beauty Salon</p> <p>9:30 Mail Delivery</p> <p>10:30 Coffee & chat</p> <p>2:00 Bingo</p> <p>3:00 Root Beer floats</p> <p>7</p>	<p>All day - Find your friends and enjoy games in the Activity room</p> <p>8</p>
<p>10:00 Church Service w/Bob Gilliam</p> <p>9</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:30 Morning stretch w/ Nellie</p> <p>10:30 Room visits</p> <p>1:00 Country store</p> <p>2:00 Pretty Nails</p> <p>3:00 Brad the entertainer</p> <p>10</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Coffee & chat</p> <p>10:30 Pet therapy</p> <p>10:30 Morning stretch w/Sandy</p> <p>1:30 Finish the lines</p> <p>2:00 Movie matinee</p> <p>11</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Bible study w/Nellie</p> <p>10:30 Morning stretch w/ Nellie</p> <p>1:00 Country store</p> <p>Find your friends and enjoy games in the Activity room</p> <p>12</p>	<p>10:30 Morning stretch w/Sandy</p> <p>All day - Find your friends and enjoy games in the Activity room</p> <p>13</p>	<p>8:30 Daily Chronicle</p> <p>9:00 Beauty Salon</p> <p>9:30 Mail Delivery</p> <p>10:30 Coffee & chat</p> <p>2:00 Bingo</p> <p>3:00 Happy hour</p> <p>14</p>	<p>All day - Find your friends and enjoy games in the Activity room</p> <p>15</p>
<p>10:00 Church Service w/Bob Gilliam</p> <p>16</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:30 Chris the entertainer</p> <p>10:30 Room visits</p> <p>1:00 Country store</p> <p>3:00 Quarter Bingo</p> <p>Martin Luther King Jr. Day</p> <p>17</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Coffee & chat</p> <p>10:30 Pet therapy</p> <p>10:30 Morning stretch w/Sandy</p> <p>1:30 Jan. Birthday Party</p> <p>2:00 Movie matinee</p> <p>18</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Bible study w/Paul</p> <p>10:30 Morning stretch w/ Nellie</p> <p>1:00 Country store</p> <p>Find your friends and enjoy games in the Activity room</p> <p>19</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Coffee & chat</p> <p>10:30 Morning stretch w/Sandy</p> <p>11:00 Walmart</p> <p>2:00 Cooking creations</p> <p>3:00 Bingo</p> <p>20</p>	<p>8:30 Daily Chronicle</p> <p>9:00 Beauty Salon</p> <p>9:30 Mail Delivery</p> <p>10:30 Coffee & chat</p> <p>2:00 Bingo</p> <p>3:00 Big Hat Tea social</p> <p>21</p>	<p>All day - Find your friends and enjoy games in the Activity room</p> <p>22</p>
<p>10:00 Church Service w/Bob Gilliam</p> <p>23</p> <p>Activity Professionals Week</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:30 Morning stretch w/ Nellie</p> <p>10:30 Room visits</p> <p>1:00 Country store</p> <p>2:00 Pretty Nails</p> <p>3:00 Quarter Bingo</p> <p>24</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Coffee & chat</p> <p>10:30 Pet therapy</p> <p>10:30 Morning stretch w/Sandy</p> <p>1:30 Resident council</p> <p>2:30 Movie matinee</p> <p>25</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Bible study w/Nellie</p> <p>10:30 Morning stretch w/ Nellie</p> <p>1:00 Country store</p> <p>Find your friends and enjoy games in the Activity room</p> <p>Australia Day (observed)</p> <p>26</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:00 Coffee & chat</p> <p>10:30 Morning stretch w/Sandy</p> <p>11:00 Cotton Patch Café</p> <p>2:00 Crafty corner</p> <p>3:00 Bingo</p> <p>27</p>	<p>8:30 Daily Chronicle</p> <p>9:00 Beauty Salon</p> <p>9:30 Mail Delivery</p> <p>10:30 Coffee & chat</p> <p>2:00 Bingo</p> <p>3:00 Wine & cheese</p> <p>28</p>	<p>All day - Find your friends and enjoy games in the Activity room</p> <p>29</p>
<p>10:00 Church Service w/Bob Gilliam</p> <p>30</p>	<p>8:30 Daily Chronicle</p> <p>9:30 Mail Delivery</p> <p>10:30 Morning stretch w/ Nellie</p> <p>10:30 Room visits</p> <p>1:00 Country store</p> <p>3:00 Quarter Bingo</p> <p>31</p>	<p style="text-align: center;">January Birthdays</p> <p>Helen I. Jan. 5th Barbara R. Jan. 6th Karen S. Jan. 7th Ollie P. Jan. 26th</p> <p>Tim B. Jan. 26th</p>				

All outings are first come first basis (Sign up sheet in Activities room)

Activities can change at any time

LaTanya – Activity Director